
DELIVERANCE 101

BY CLAYTON COLLINS - POWER TO TREAD MINISTRIES

1. Forgive

Lead the person you are ministering to in a prayer/declaration to forgive everyone who has ever hurt or wronged them. Also, lead them to forgive themselves and receive God's forgiveness. (Renewing the mind is a process; healing can be a process. Forgiveness is a decision that can be made regardless of any emotion you may feel.)

2. Repent/Renounce

It is helpful to have the person receiving deliverance to verbally forgive those who have hurt them and verbally repent of any sins that may have opened the door to demonic influence in their life. This is not 100% necessary in every case, but it helps to weaken the demon's hold so they leave more readily when the command is given. Also, if the person who was set free does not change certain negative life patterns following deliverance, it is possible for the demons to re-enter the person's life and in some cases cause even more damage later.

- “Afterward Jesus found him in the temple, and said to him, ‘See, you have been made well. Sin no more, lest a worse thing come upon you.’” – **(John 5:14 NKJV)**
- “When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. Then he says, ‘I will return to my house from which I came.’ And when he comes, he finds *it* empty, swept, and put in order. Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there; and the last *state* of that man is worse than the first. So shall it also be with this wicked generation.” – **(Matthew 12:43-45 NKJV)**

3. Command the demons to leave

At this point, instruct the person you are delivering to stop praying/speaking and to take some deep breaths in and out. Give direct, firm, repeated commands for the demons to depart.

Example:

“Every evil spirit tied to the things he/she just renounced come out in Jesus’ name, out in Jesus’ name. Leave on those breaths, leave on those sounds, leave on

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those tears, and never enter them again. Fire of God, all over your body and soul bringing cleansing in Jesus' name.”

NOTE: It is common as demons leave for there to be some type of physical manifestation.

- “And when the unclean spirit had convulsed him and cried out with a loud voice, he came out of him” **(Mark 1:26 NKJV)**.
- “And He asked him, What is your name? He replied, My name is Legion, for we are many” **(Mark 5:9 AMPC)**.
- “Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth” **(Mark 9:20 NKJV)**.
- “Then Philip went down to the city of Samaria and preached Christ to them. And the multitudes with one accord heeded the things spoken by Philip, hearing and seeing the miracles which he did. For unclean spirits, crying with a loud voice, came out of many who were possessed; and many who were paralyzed and lame were healed. And there was great joy in that city” **(Acts 8:5-8 NKJV)**.

Manifestations could include but are not limited to:

- Displays of extreme emotion. Uncontrollable weeping, anger fear etc.
- Screaming
- Coughing
- Vomiting
- Foaming at the mouth
- Shaking or convulsions
- Demons speaking through the vocal cords of the person being delivered.
- Acts of violence or aggression towards those ministering to the person being delivered.
- Acts of violence or aggression towards the person being set free (themselves).
- Sweating
- Falling to the ground and becoming unconscious.

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These are some of the more common manifestations encountered in deliverance. In severe cases of demonization, more extreme things may happen.

Deliverance can and sometimes does happen with no outward manifestation at all!

When a manifestation occurs, learn to discern whether the manifestation is the demon displaying its presence and trying to cause fear or harm (in this case command the manifestation to stop in Jesus' name and the demons will obey you) or if the manifestation is a sign of the demon leaving or what I refer to as a manifestation of exit! In this case, press in and continue repeating the commands for the demon to leave!

NOTE: If the demons begin speaking through the person being delivered, it is sometimes best to command them to stop speaking and come out. There are cases where it could be helpful to ask the demon its name and a few other questions that pertain to the person's deliverance. In another class, I cover when that would be appropriate and how to safely do it; however, in some cases, the deliverance process generally goes more smoothly if the demons are forbidden to speak.

4. Check for results

As you come to the close of the ministry session/prayer time, ask the person how they are feeling. In some cases, there may not be dramatic manifestations or outward displays of emotion during the deliverance session, but there is almost always some sense of relief. You are looking for responses such as, "I feel so much better," "I feel light," "I feel like a weight has been lifted," and "I feel at peace."

If the person responds with uncertainty or negativity, for example, "I'm not sure how I feel," "I feel angry," "I feel afraid," etc., this could be a sign (though not always) that more ministry is needed. At this point, it may be necessary to repeat some or all the above three steps.

5. Speak blessings and fresh infilling of the Holy Spirit

If the person has never received the baptism in the Holy Spirit now is an excellent time to pray for that.

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NOTE: I have often found that a person who is heavily demonized requires multiple deliverance sessions to be completely set free. In many cases, additional ministry of inner healing may be helpful in order to work through emotional wounds. And in some instances, professional help through the avenues of therapy and counseling may be in order.